

# DESRICK

JUNE 2016



**A PUBLICATION OF THE DESK AND DERRICK CLUB OF LAFAYETTE**

Desrick

**LAFAYETTE, LOUISIANA**

June 2016



### OUR PURPOSE

The purpose of the Association of Desk and Derrick Clubs is to promote the education and professional development of individuals employed in or affiliated with the petroleum, energy, and allied industries and to educate the general public about these industries.

### OUR MISSION:

Our mission is to enhance and foster a positive image to the global community by promoting the contribution of the petroleum, energy and allied industries through education by using all resources available.

### Online Resources

#### **Club Website:**

[www.ddlafayette.club](http://www.ddlafayette.club)

#### **Facebook:**

[www.facebook.com/deskandderrickcluboflafayette](http://www.facebook.com/deskandderrickcluboflafayette)

#### **ADDC Website:**

[www.addc.org](http://www.addc.org)

# DESK AND DERRICK CLUB OF LAFAYETTE

CHARTERED SEPTEMBER 11, 1951

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The next meeting of the Desk and Derrick Club of Lafayette will be held at The Petroleum Club of Lafayette, **June 15, 2016**. The Social Hour begins at 5:00 P.M. and dinner at 5:45 P.M.

All members have a standing reservation for dinner. If you are unable to attend, CANCEL your reservation with **Karen Thomassee** or **Vickie Chauvin**. You will be charged for dinner if you FAIL TO CANCEL by the deadline of 10:00 A.M. on the day of the meeting.

**Karen Thomassee @ 262-9968 or [kthomassee@knightoiltools.com](mailto:kthomassee@knightoiltools.com)**

**Or**

**Vickie Chauvin @ 258-3186 or [vickiebchauvin@yahoo.com](mailto:vickiebchauvin@yahoo.com)**

**GREATER KNOWLEDGE – GREATER SERVICE**





## Board of Directors

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K&E Computer Services

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**Connie J. Harrison**  
President

Valero Energy Corporation  
Aviation Department  
1000 Skyplace Blvd  
San Antonio, Texas 78216

(210) 345-5460 O  
(210) 563-6656 M

connie.harrison@valero.com (o)

June 2016

## WHEN YOU LEARN, TEACH, WHEN YOU GET, GIVE... Maya Angelo

Well here we are at the half way mark for the year, it does not seem possible that 6 months have gone by but time does fly. I have been busy traveling and attending regional meetings which were wonderful and quite educational. I attended 4 regional meetings, Region IV, V, VI, and VII. What incredible field trips and seminars I attended. And met some wonderful people along the way and got to see some dear friends too. Thank you all for your hospitality. I am saddened that I could not attend all the region meetings but seems there are not enough hours in the day or week to do this effectively. But I was there in spirit and I know some of the other board members attended.

Congratulations to the new RD Elects for all the regions. You will begin to receive emails from the present board. These are for your information only and to get you acquainted with the workings of your association board.

I hope everyone has seen the 2016 Convention Packet which is out on the website. Please make your plans to attend this Convention and Educational Conference. You will have many field trips and seminars to choose from. I urge everyone to attend and get educated and help move this association forward.

To date we have 1552 members across the association. This is 242 short of our goal of 1800 for the year so I have a challenge for each member....If each club would recruit 5 new members we will more than meet our budget for 2016. And remember that we have the Potential Member Reimbursement Program for clubs to take advantage of. Please utilize this program to gain new members. You might be surprised who will agree to come to a meeting, all you have to do is ask.

As you may or may not know we have taken the DDJ to a complete digital format which saves the association approximately \$25,000.00 a year. You can still get hard copies for use as a recruiting tool and for expos and meetings. Contact Andre for these orders.

Have a wonderful and educational June and keep recruiting, renewing and rejuvenating our membership and PLAN TO MATTER everyday!!!!!!

Connie Harrison  
2016 ADDC President

## Region III Director's Newsletter



**Theresa Adams**  
Region III Director

[theresabadams@bellsouth.net](mailto:theresabadams@bellsouth.net)

June, 2016

### Club Presidents:

**Angie Covers**  
Baton Rouge Club  
[ancovers@cox.net](mailto:ancovers@cox.net)

**Claudia Prather**  
El Dorado Club  
[budckp@gmail.com](mailto:budckp@gmail.com)

**Susie Ellender**  
Lafayette Club  
[sellender@trinityliftboats.com](mailto:sellender@trinityliftboats.com)

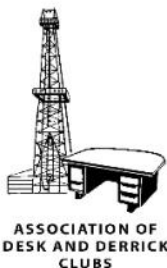
**Tiama Smith**  
Laurel Club  
[tiama.smith76@gmail.com](mailto:tiama.smith76@gmail.com)

**Charlotte Ratcliff**  
Morgan City Club  
[cbratcliff@gmail.com](mailto:cbratcliff@gmail.com)

**Dianne Badeaux**  
New Orleans Club  
[eaux8mde@gmail.com](mailto:eaux8mde@gmail.com)

**Margie Steed**  
Red River Club  
[margieasteed@gmail.com](mailto:margieasteed@gmail.com)

**Gaylen Guillory**  
Westbank Club  
[gagui811@cox.net](mailto:gagui811@cox.net)



Dear Region III Members:

Region 2016 Meeting is a lovely memory now. The Morgan City members planned and presented an educational and fun-filled regional meeting. Claudia Prather, 2017 Regional Director-Elect would welcome your help. Contact her if you wish to serve as a regional representative on any of the ADDC committees. She will work with Maggi Franks, 2016 ADDC President-Elect to fill all the Region III positions.

It is difficult for me to believe that the first six months of 2016 have come and gone! Seems like yesterday that I accepted the gavel from Val Blanchard in Bossier City. How time flies when we're having fun!

An important date this month is **June 10, 2016 - the deadline to submit nominations for ADDC Officers**. So, if you have served as Regional Director and are interested in pursuing an ADDC officer position, **please be sure to send your information to your club president for club approval. Your club must complete documentation and mail prior to the 10<sup>th</sup> of June!!**

Convention is fast approaching. Please check out the packet on the ADDC Website. There are a variety of field trips, seminars and other opportunities being offered by Region VII in Denver, Colorado, September 21 through 24, 2016. Deadline for registration is July 31, 2016. I hope you will consider joining us for a fabulous time in Denver!!

Should you have any concerns or issues you need to discuss with me, please feel free to contact me. I am here – for you the MEMBERS of Region III. I represent you on the ADDC Board.

REMINDER: Monthly program reports are due to Claudia Prather, Program Chairman, within a week of your meeting date.

Till next month,  
*Theresa*



## Desk & Derrick Club of Lafayette

### 2016 Board of Directors

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*Acadiana Ambulance*

#### DIRECTOR

**Ronda Thibodeaux**

*Kash Oil & Gas*

#### PARLIAMENTARIAN

**Ada Weeks**

*B&B Oilfield*

Goodness, half of the year is already gone and we have been busy.

President John F. Kennedy – Let us think of education as the means of Developing Our Greatest Abilities, because in each of us there is a private Hope and Dream which, fulfilled, can be translated into benefit for everyone and greater strength for our nation.

We've have several opportunities to learn about our industry and ourselves already this year. Opportunities have included the Digital Scrapbooking, Personal Development Seminar and this month the St. Landry Landfill field trip.

In additional your meetings have included Getting into Deepwater Drilling, Desk and Derrick Educational Trust, Lafayette Parish President with development of the area, Region III meeting in Morgan City and the continuing development of the St. Landry Parish Solid Waste Disposal with alternative fuel.

Are you participating? Are you learning? Desk & Derrick provides members numerous opportunities for education and knowledge. Join us in growing and share what you have learned with the people you work with and also with friends and family.

We had a great orientation meeting after the general meeting last month. Everyone was provided with lots of hand out material and information. There were 9 new members that attended. Want to thank Jennifer Robert and her crew for a great meeting. Please join us the next one if you have not attended an orientation meeting.

The Special Fund Raising Committee is hard at work organizing a Bunco Brunch. This will be a trial run to test the waters for Bunco. These events can get huge and competitive so they are starting small to iron out any kinks. Come help this startup, socialize with fellow members and have some fun. Date will be July 23<sup>rd</sup>. Please see the flyer enclosed in this newsletter for location and time.

Additionally, the Communication/Training/Education Committee is working on their next project. More details will be coming.

ADDC Convention – September 20-25 in Denver Colorado. Are you working on your registration? Choosing your field trips, seminars or the certification course? Reminder, please make sure you forward a copy of your registration to Lori Landry.

I am looking forward to seeing everyone at the June 15<sup>th</sup> meeting. Remember to contact the house committee, Karen Thomassee or Vickie Chauvin, if you are bring a guest or can't make it.

*Susie M. Ellender*

**Education - Knowledge - Empowerment**



## Desk & Derrick Members Field Trip



### St. Landry Parish Landfill

Saturday, June 11, 2016  
9:00 a.m. - Noon

Coffee and Breakfast Snacks  
Hamburgers will be served following the tour.

Please join us!



### Dates to Remember:

### Membership Meetings:

June 15, 2016

July 20, 2016

### Board Meetings:

July 6, 2016

August 3, 2016

### Other Events:

### St. Landry Landfill Tour

June 11, 2016

### 65th Annual

### ADDC Convention

Crowne Plaza Hotel

Denver, Colorado

September 21-24, 2016



Get Ready Ladies....  
50/50 will be played!

Toilet paper, Paper towels, Paper plates, cups, bowls, utensils,  
Women deodorant, Underwear (all sizes), Feminine products,  
Diapers sizes 4, 5 & 6, Pull-Ups, Baby wipes, Pacifiers, Sippy cups,  
Disinfectant spray, Bleach, All-purpose spray cleaners,  
Floor cleaner, Mops w/bucket; Broom w/dustpans,  
Laundry detergent, Bath towels, Wash cloths,  
Dish detergent, Foil, Ziploc bags, Large commercial cookware,  
Latex/Vinyl Gloves, Extra large trash liners (38x60), Light bulbs,  
Snacks: Crackers, Pop-Tarts, ramen noodles, cereal, chips, etc.

\*Also – Monetary donations are always welcomed and appreciated.

Ruby Segura and Pam Clancey will be picking up items at the meeting. They are always in need of everyday items, as mentioned above, but are grateful for anything you can spare .

# Desk and Derrick

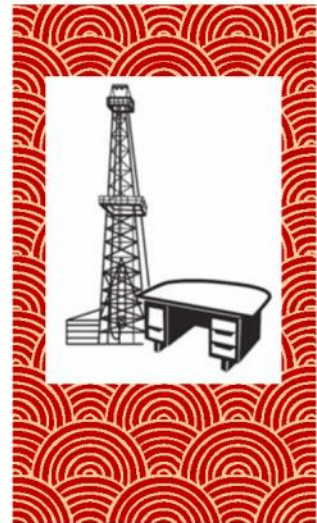
## Bunco Brunch

**Saturday, July 23<sup>rd</sup>**  
**10:00am – Noon**

St. Anne Catholic Church  
201 Church Street  
Youngsville, LA 70592

Please join us for a Bunco trial run. You may be asking, "What is Bunco"? This is a fun, easy to learn game that we played at the Regional Meeting and had a blast. We are working towards possibly having this as an annual fund raising event where we could invite friends and family. In fact, the Westbank does this & is able to award scholarships from their profits.

More information to come!



Please join us  
for a trial run.

Cost is \$10.00 –

Please pay:  
Tiffany Landry

Prizes will be  
awarded for 1<sup>st</sup>,  
2<sup>nd</sup> and 3<sup>rd</sup>  
place winners.

Please bring a  
finger  
food/snack to  
share.



## MAY BIRTHDAYS

Guests are welcome to attend our monthly meetings. Please contact Karen Thomassee or Vickie Chauvin if you would like to have a guest attend.

**Karen Thomassee**  
kthomassee@knightoiltools.com

**Or**

**Vickie Chauvin**  
vickiebchauvin@yahoo.com



Delvie Hemphill and Tiffani Leal

Not pictured: Melanie Fead, and Jennifer Accardo,



### **July Birthdays**



Nicole Pleasant	6th
Carol Trosclair	9th
Rena Andrus	24th
Lori Hebert	26th
Marla McDuffie	29th

### **Reminder:**

**Birthday and guests  
pictures will be taken at  
the end of the meeting.**

## NEW MEMBER ORIENTATION



Left to right: Amber Lapierre, Marissa Guidry, Carol Trosclair, Millisa Miller, Marla McDuffie, Brandy Solice, Brittney Stelly



JUNE GUEST SPEAKER  
LILLIAN ESPINOZA-GALLA



Career in the Energy Industry from 1973 through Current Day

Some of her great achievements are:

Nicholls State University 7&7 Program

Fall of 1974 she was the first woman to work outside of the galley in the GoM:

1979 she was supervising facility installations

Co-founder OPCO Offshore Training Committee

Deepwater Horizon Study Group

Co-Creator for Multiple Museums in Louisiana, most industry related

Instructing at ULL on Historical disasters in this industry and Risk Management

Certified in Subsea Management by the International Assoc. of Drilling Contractors

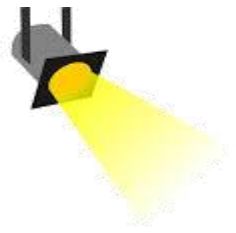
Unnecessary misfortunes to co-workers fostered her passion for creating awareness in the industry on the need for greater communication and training to avoid injuries or worse. This is the message she is sharing these days.

May  
Guest Speaker:

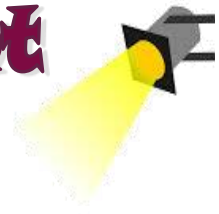


Left to right: Amber LaPierre, Katry Martin, and Susie Ellender

Katry Martin was the guest speaker. He talked about the St. Landry landfill. He talked about how they convert trash into fuel. He explained how they receive funds and hopes to get more contracts to help run the landfill.



# New Member SpotLight



Name: **Marla McDuffie**

Company: **Action Specialties, LLC**

Position: **Sales Representative**

Where do you like to go to have fun? **Anywhere that I can stick my toes in water.**

What is one thing that people may be surprised to know about you? **I learned how to drive boats when I was a young girl.**

What is your favorite thing about your position or job? **I have been with Action for 18 years, and we are truly a family. The relationships I have built with my customers are precious to me, and making my customers' visions a reality, are priceless.**

# Welcome to Desk and Derrick!



## E-Tip #600



Dale Carnegie  
Course Starts

July 21, 2016

Lafayette La

Source:

Dale Carnegie  
Training  
e-Newsletter

By Tyler Winner,  
President of The Dale  
Carnegie Team of

# 5 Tips On Taking Responsibility For Your Mistakes

Work can be stressful. And when the stress gets going, mistakes are inevitable. During trying situations, how you react to these mistakes is often what really matters. Do you point a finger and try to shift blame on others or do you step up and own your mistakes?

## Be Upfront When A Mistake Happens.

Despite what you might think, taking responsibly for your own mistakes is the best move. It is far better to be upfront with a problem than to have it found out later on. This could not only hurt your reputation, but also your future with your company as well. Below are a few tips on how to take responsibility for your own mistakes.

## 5 Tips On Taking Responsibility For Your Mistakes.

**Tip #1: Own Up To It** - Made a big mistake? Do not waste time trying to cover your tracks-chances are strong that your boss will find out that you were responsible. Take some time to think about a solution and go to your boss as soon as possible to make him aware of the situation. And do not go on the defensive-many people find that extremely frustrating. It is better to own up to your mistake and help work on a solution.

**Tip #2: Apologize** - When you realize that you made a mistake, do not forget to apologize for it. Be sincere and make sure that your boss knows that you understand the seriousness of the situation. Most people understand that mistakes happen and will appreciate your honesty.



**Tip #3: Explain But Make No Excuses** - Make sure that you tell your boss exactly what happened and how. But no matter how small or large an issue, making an excuse for a direct or indirect mistake is transparent. The reality is this: An excuse is someone's way to justify or rationalize why something happened and to avoid taking responsibility for his or her actions. It will not put you in a very favorable light since most bosses will see right through this. Taking responsibility calms others and halts negativity. Plus it can ease your mind as well.

**Tip #4: Keep It Positive** - When admitting to your mistakes, you can approach the situation with a fresh and positive attitude. This will allow you to harness the power of positive thought. In doing so, you will find greater success in most aspects of your life. In fact, studies have shown that optimistic people do indeed achieve higher and greater success.

**Tip #5: Never Forget** - When you make a mistake, show that you care about your work and the company and never make the same mistake twice. Let your boss see that you have learned from what went wrong.

**Executive Summary:** We will all face hectic situations in our business career. In these situations, you should own your mistakes and avoid making excuses. When addressing the situation, remain calm, think positively and consider what options you have to solve it. The result of doing so will only benefit you and help you effectively control the situation.

**\*\*\*FREE Training Offer \*\*\***

The *Louisiana Small Business Employee Training Fund* was established to help reimburse the training expenses for companies with 50 people or less. See if you qualify for free tuition reimbursement today.

**The Dale Carnegie  
Team**

**Of Middle Louisiana/  
East Texas**

10988 N. Harrell's Ferry  
Rd, Suite 3

Baton Rouge, LA 70816

**Toll Free:  
(800) 256-9222**

Submitted by:  
Sheri Bienvenue

# Helis scraps some stormwater testing at St. Tammany drill site

Helis Oil & Gas Co. has eliminated monthly testing of stormwater at its proposed oil drilling and fracking site northeast of Mandeville. Helis asked the Louisiana Department of Environmental Quality last month whether it had any objections to the company removing monthly testing for sulfates, dissolved oxygen, bacteria, temperature and total dissolved solids from its uncontaminated stormwater monitoring plan for the controversial project.

The company did not say in the letter, signed by attorney Timothy Poche' of Baton Rouge, why it wanted to eliminate the monthly testing. It said only that it had "re-evaluated" the monitoring parameters and wanted to remove that portion of the plan.

The state department responded that uncontaminated stormwater is not subject to regulation through the Louisiana Pollutant Discharge Elimination System permit program and that the agency had no objection to the change. Helis also received approval from the Department of Natural Resources' Office of Conservation, which issued the company a drilling permit. A Department of Natural Resources spokesman said Tuesday (June 7) that the change does not alter the permit conditions but amends a specific portion of the work plan that the operator originally proposed.

St. Tammany Parish resident Margie Vicknair-Pray, a staunch opponent of the project on environmental grounds, asked why Helis would eliminate the testing. She also questioned whether the parish government, which is challenging the project in court, knew about the change.

"Helis is very good about spouting all the positive things that they'll do in public. But in private, it's a whole different story," she wrote.

A parish government spokesman said Tuesday that St. Tammany officials were unaware of the change in the monitoring program.

Greg Beuerman, a spokesman for Helis, said the company voluntarily committed to pre-discharge sampling of uncontaminated stormwater that might be generated at the site during drilling activities. Such discharges are generally not subject to any regulatory sampling or permit requirements, he said.

"Because Helis will now be employing multiple filtration units to filter the uncontaminated stormwater before discharge and does not intend to store the storm water on-site for an extended period of time before discharge, there exists even less reason to engage in the monthly monitoring of these parameters, which will be minimized by these storm water management practices," Beuerman said.



## Rig Count - Latest Week

**June 3, 2016**

Alaska **8**

California **5**

Colorado **16**

Louisiana **47**

New Mexico **20**

Oklahoma **57**

Texas **176**

Wyoming **7**

Total United States **408**

Source: LOGA.com



An aerial view of the Helis Oil & Gas Co. drill site northeast of Mandeville.



An northern aerial view of the Helis Oil & Gas Co. drill site northeast of Mandeville.

Source:

NOLA.COM

He said the amendment of the plan in no way affects the daily, pre-discharge sampling of the most relevant parameters – oil and grease, pH and chlorides - to which Helis has always been committed. Helis remains committed to protecting the environment in St. Tammany, he said.

But Vicknair-Pray, who started the group St. Tammany Voices in opposition to the drilling project, says the change will mean that some "ugly constituents" in stormwater will go untested before being discharged in wetlands. The drill site is along the private Log Cabin Road east of Louisiana 1088.

"Even the previous plan wouldn't have tested for the scariest constituents of produced fracking water, but it would have tested for the same things that the water bodies in the area are currently polluted (by), which include sulfates, dissolved oxygen and suspended solids. Now it won't."

Helis has a state drilling permit to drill an exploratory, vertical well about 13,000 feet deep – almost 2 1/2 miles -- at the location. Should the well data prove promising, the company has said it would seek approval to drill horizontally and use the controversial fracking method to create cracks in a shale formation and release oil for extraction.

The parish government and the group Concerned Citizens of St. Tammany launched legal challenges to block the project, but they lost at both the district and appellate court levels. They have asked the state Supreme Court to review the case.

In the meantime, Helis is moving forward with plans to drill, though a rig has not yet been put on site. "Regarding the Supreme Court challenge, that challenge has no bearing on our operations or plans," Beuerman said. "We continue to press forward with planning and discussions with contractors."



## Naturally Sweet Summer



Berries and melons are two of the most popular kinds of fruit that can be found in the summer time. These fruits are refreshing, low-calorie snacks that also provide us with many great health benefits.

**1. Berries:** Most berries are good sources of vitamin C and fiber, while also containing beneficial bioflavonoids that protect against cancer.

Strawberries: Low in calories but high in the soluble fiber pectin, which helps to lower cholesterol. Strawberries are also one of the highest fruit sources of vitamin C. In fact, one cup of strawberries provide 100 percent of the recommended daily amount.

Blueberries: Often referred to as a “power food”, blueberries are one of the best sources of antioxidants among fruits and vegetables. They are also high in anthocyanins, a flavonoid that works to prevent heart disease and cancer while improving memory and brain function.

Blackberries: The many tiny seeds in blackberries make them good sources of both soluble and insoluble fiber. Plus, blackberries contain ellagic acid, which has cancer fighting properties!

Raspberries: These tiny red berries are nutrient packed and an excellent source of vitamin C, folate, iron, and potassium. They are also a good source of insoluble fiber that prevents constipation, and soluble fiber that helps control cholesterol levels.

**2. Melons:** The high water content of melons allow them to be high-volume, but also low-calorie, sweet and flavorful treats that keep us hydrated and satisfied.

Honeydew Melon: One cup of cubed honeydew melon provides 34% of the recommended daily intake of vitamin C. This delicious melon also contains high levels of potassium, which promote healthy blood pressure.

Watermelon: Identified as one of the best dietary sources of lycopene, an antioxidant linked to the prevention and treatment of certain types of cancers. Watermelon is also rich in amino acids that help promote cardiovascular health by relaxing blood vessels and improving circulation. As an added bonus, a 10 ounce wedge has about 1/3 of the recommended daily value of vitamins A and C.

Cantaloupe: Excellent source of beta-carotene and vitamin A, which promote healthy eyesight and prevent the development of cataracts and other vision-related diseases. This melon is also high in vitamin C and antioxidants to help fight free radicals and prevent cell damage in the body while promoting a healthy immune system.

Other fruits and vegetables in season to add color to your plate this summer include: boysenberries, soybeans, eggplant, cucumbers, grapefruit, tomatoes, peaches, passion fruit, shallots, winged beans and summer squash.

## 10 Cool and Colorful Summer Treats



Here are some examples of healthy and colorful cold summer snacks that are great treats for this warmer weather! These snacks are also easy and portable so that they won't interrupt your summer fun!

1. Frozen grapes or berries
2. Homemade fruit smoothie popsicles (make your favorite smoothie and place in popsicle mold or cups with popsicle sticks)
3. Blueberries dipped in Greek or plain yogurt and then frozen
4. Frozen banana "ice cream" (mashed bananas put in the freezer)
5. Fresh fruit kabobs (string your favorite fresh fruit onto a kabob stick for a fun and easy way to eat fruit)
6. Mini cucumber sandwiches (cheese and a lean deli meat between two slices of cucumber)
7. DIY frozen Greek yogurt with or without fruit (for a popsicle version, stick a popsicle stick through the wrapper of an individually packaged cup of yogurt and stick it straight in the freezer)
8. Peanut butter power balls (peanut butter, oatmeal, and dried fruit such as apricots, cranberries, raisins, etc, blended together, rolled into a ball, and put in the fridge to form)
9. Melon balls (scoop out different types of melon with a small ice cream scoop, cookie cutter, or other utensil)
10. Frozen yogurt drops (drop small amounts of your favorite Greek or other yogurt onto a pan and place in the freezer)

## Homemade Watermelon Pops



### Ingredients:

- 1 cup seedless watermelon chunks
- 1 cup orange juice
- 1 cup water
- 6 small 6-oz paper cups
- 6 Popsicle sticks or plastic spoons

### Directions:

Mix watermelon, orange juice and water together in a blender and blend until smooth. Pour into paper cups and place in freezer. When pops are partially frozen, insert sticks or small plastic spoons into the cups. These will be your handles. Continue freezing until hard. When it is time to serve, dip the cup into warm water and pull the popsicle from its wrapper.

[www.communicatingfoodforhealth.com](http://www.communicatingfoodforhealth.com)

## JUNE BORN

Foresighted. Get easily worried. Quite talkative. Very friendly. Stylish and fashionable. Soft spoken and polite. Warm and considerate towards people. Great sense of humor. Quite sensitive. Star in the crowd. Active and visionary thinker. Kind and generous. Loyal lover. Love to debate. Love the finer things of life.

WishAFriend.com

## June Birth Flower ROSE

The Rose symbolizes friendship, passionate love and appreciation. If your birth flower is Rose: You are a romantic person by nature. You are outgoing and make friends easily. You are not very stubborn and can adjust to new situations very easily. Your best comes out in times of difficulty.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>Susie Ellender Madonna Warnken</i> 	3	4
5	6	7	8	9	10	11 <i>Brittney Stelly</i> 
12	13	14  FLAG DAY	15	16	17	18
19 <i>Happy FATHER'S Day</i>	20	21	22	23	24	25
26	27 <i>Shelley Champagne</i> 	28	29	30		

**Guest Speaker: Lillian Espinoza-Gala**

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Or  
Vickie Chauvin at  
vickiebchauvin@yahoo.com

## July Birthdays:

Nicole Pleasant 6th  
Carol Trosclair 9th  
Rena Andrus 24th  
Lori Hebert 26th  
Marla McDuffie 29th

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