

**DESK AND DERRICK  
CLUB OF  
LAFAYETTE**



**D E S R I C K**



**APRIL 2018**



DESK & DERRICK  
CLUB OF LAFAYETTE

**D E S R I C K**

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**! DON'T FORGET !**

REMINDER TO BRING MARDI GRAS BEADS  
TO DONATE TO LARC.

ORDER YOUR LOUISIANA  
SHIRTS !!



**THE WOMEN'S FOUNDATION—TEENS WITH LIFE  
EMPOWERMENT**



The Women's Foundation hosted the first Tweens/Teens with Life Empowerment program for girls ages 12 through 14. Read more on page 11.





## Board of Directors

**PRESIDENT**  
**Christina Forth**  
ITAF Cargo

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L Chem Tech Company Inc

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Canadian Natural Resources Limited

**Christina Forth**  
President

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This month has been very exciting with a lot of planning going on to host regional meetings in your area. I encourage you to attend, and even think of attending another regional meeting. It is always great to meet new people within our Association. Please check the website for more information on regional meetings.

I would like to challenge all clubs and regions to submit a write up for the *Insight*. Share what is happening in your club or region. Please send your submissions to Maggi Franks who is Editor of the *Insight* this year.

The inventory of the ADO office has been completed. It has been sent off, along with the accounting review, to our accountant Mike Gray for review and tax purposes. I would like to take time to thank him for all the hours of service he provides to our association. Thank you, Mike! Thank you to all those members who put in a great deal of time to ensure that our finances are in order moving forward.

If you read anything this month, please read this! It is important that you take time to go online and make sure your personal information is correct on the ADDC website. After you sign in, on the left-hand side, you will see a tab that says, 'Members - Update Your Information'. It is hard to keep up without your help. With changes in all our lives, transferring clubs, regions realigning, marriages, and name changes, it is difficult to locate some members. Please take a minute to make sure your information is current.

The business plan is still being formulated. Once it is completed it will be passed on to membership. I hope to hear back from you.

**SAVE THE DATE!**  
**67th Annual ADDC Convention**  
**September 18 – 22, 2018**  
**Evansville, Indiana**  
**DoubleTree by Hilton Evansville**

More information will be available soon, as we are just finalizing the program.

The total volunteer hours for the month of March are 485.5.

Sincerely,

Christina Forth

## Region III Director's Newsletter



March, 2018

**Carol Schiavone**  
Region III Director

[cschiavone3@cox.net](mailto:cschiavone3@cox.net)

**Lois Folse**  
Baton Rouge

**Eugenia Palculect**  
El Dorado

**Kathy Martin**  
Lafayette

**Jessica Wade**  
Laurel

**Charlotte Ratcliff**  
Morgan City

**Kathy Gowland**  
New Orleans

**Sheryl Cole**  
Red River

**Angie Duplessis**  
Westbank

As we work feverishly trying to tie up loose ends for our upcoming Region III meeting, we as a group have learned what it's like to pull together to really get the job done. As we assign tasks, there has never been a single member who hasn't stepped up to the plate, not only getting their share of the work accomplished – but asking what they can do next to help in any other capacity.

March 5<sup>th</sup> is the deadline to register for Region III without paying the late fee. Please get your registration in timely. Remember, this is the very last Region III meeting as next year this area will be known as "Southeast Region". Not only are we making history by way of restructuring, we are making new memories and friends along the way – in addition to rekindling many treasured friendships. We are all a part of a very dynamic industry organization and are looking forward to growth through new membership as well as many educational experiences along the way.

The Nominating Committee Representatives from Region III, along with the two Representatives from the Texas Clubs who will be merging into the newly formed Southeast Region for 2019, (Corpus Christi, Houston, San Antonio, NHMC and Victoria) should be soliciting nominee(s) for Southeast Region Director – 2019. If you feel you are interested, please get in touch with your Club President(s) and let them know. They will be more than happy to assist you in putting your name out there.

Let us keep in mind that also very important to our organization are all the "Seasoned" members, if you will. They have knowledge and a wealth of information to share with all of us. This year alone I noticed that a couple of the club presidents for 2018 are not only former club presidents, but also former Region Directors and even a former ADDC President. Thank goodness for "recycling". Thank you to all our "Seasoned" and experienced members for being there to guide us and share your expertise. You are a treasure and asset to this organization.

Don't forget to check out the latest issue of INSIGHT as our ADDC President, Christina Forth, has some very informative issues that were addressed in her letter.

Carol Schiavone





## Board of Directors

### PRESIDENT

**Kathy Martin**

Acadian Ambulance

### VICE PRESIDENT

**Sheri Bienvenue**

Stone Energy

### SECRETARY

**Ronda Thibodeaux**

Kash Oil & Gas

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White Knight Production

### DIRECTOR

**Amber LaPierre**

Wood Group

### DIRECTOR

**Angela Cutrera**

St. Landry Parish

Solid Waste

### DIRECTOR

**Brittney Stelly**

Cardon Sales Company

### DIRECTOR

**Kylie Sellers**

HB Rentals

### IMMEDIATE PAST PRESIDENT

**Sarah Hulin**

T. Baker Smith

### PARLIAMENTARIAN

**Ada Weeks**

B & B Oilfield



APRIL

**KATHY MARTIN**

Lafayette President

[srmdisney@gmail.com](mailto:srmdisney@gmail.com)

"The day the Lord created hope was probably the same day He created spring", *Bern Williams!* Unfortunately, either Mother Nature or Meteorologist have forgotten to bring the Spring weather with the calendar as Winter is having a hard time leaving us!!

WOW...what a March meeting!! Truly, one for the record books! With 38 members and 24 GUESTS, Lt. Governor Billy Nungesser did NOT disappoint! His presentation of our beautiful state with all its opportunities, and his description of official duties of the office of Lt. Governor, were both extremely informative and eye opening! I certainly hope each of you and your guest enjoyed it!

Membership numbers from ADDC have improved, and we are currently only 38 members shy of our 2018 budgeted numbers. The most recent notification from ADO shows our membership at 1162 and the budgeted membership was 1200! Hopefully, some of our March guests will be joining the Lafayette club so we can do our part in increasing ADDC membership!!

For those of you who did not attend, boy, did you miss a GREAT Region III Meeting in New Orleans! Lafayette was very well represented with 15 members in attendance and the New Orleans club did an outstanding job of providing educational opportunities for everyone! There was quite a bit of discussion regarding upcoming changes to Region III (which will become the new Southeast Region on January 1, 2019) in both bylaw amendments and the Region III Fund. The information provided will be discussed during our April meeting, so please try to attend. As your representative at Convention, I want to make sure I take with me YOUR thoughts and positions.

The team building exercise at the Escape Room was INCREDIBLE! Not at all what was expected and WAY MORE FUN! We had 3 teams, one who searched for a missing skull in the Temple, one who tried to catch a presidential assassin in the House of the Assassin, and one who tried to get themselves out of the dark Bayou Nightmare! It is with great pride that we announce ALL 3 TEAMS ESCAPED!!! What a FEAT! According to the Escape Room, we did what only about 30% of participants do...GET OUT! This will certainly not be our last time, so hope to see more of you on our next outing.

Don't forget to sign up for our **Enjoy the ABC's Bunco**, May 12, 2018 from 4:00 p.m. until 8:00 p.m. (See Flyer in this month's Desrick). Contact Sheri Bienvenue at [bienvenuesl@stoneenergy.com](mailto:bienvenuesl@stoneenergy.com) to sign up or use the sign in sheets available at this month's meeting. If just can't get enough bunco...the New Orleans Club has also invited all of you to attend their Bunco on June 10, 2018 from Noon to 5:00 p.m. at the Christ Lutheran Church in Metairie. See the flyer in this month's Desrick!

Until next month...

*Kathy Martin*

"An optimist is the human personification of spring." – Susan J. Bissonette



## Babies! That's what's happening!

Our fellow members have been blessed with new life, Brandy welcomed a child, Hudson Kye Carriere weighing in at 7 lbs. and adorable.

Lori and Lena AKA Nana and LeLe, are new GRANDMOTHERS to baby Liam.

It's safe to say, everyone is so in *LOVE!!!*

***Welcome to the world baby Hudson & Liam***





## WHAT'S HAPPENING

### DON'T FORGET!!

- ◇ Convention is September 18-22 in Evansville Indiana
- ◇ June is D&D Appreciation Month!!! Scott Angelle, BSEE director will be our speaker.

DON'T  
FORGET

## *Here comes the Bride, Mrs. Clark*



Congratulations to these two love birds on tying the knot!

Best wishes to you two from the Desk & Derricks Club.



## REGION REALIGNMENT

**PLEASE NOTE, WE ARE NOW  
A PART OF THE**

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# SOUTHEAST REGION

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The ADDC Board discussed the Realignment of the new Regions. Regions will receive instructions regarding the division of the Region Funds, currently held by each prospective Region. Regions will receive instructions regarding the election of the 2019 Regional Director for each respective new region, rewriting the Regional bylaws, and rotation schedules.



Association of **DESK** and **DERRICK** Clubs





# Member Spotlight

*Carol Hale Cont.*

*Jim—The Beloved*

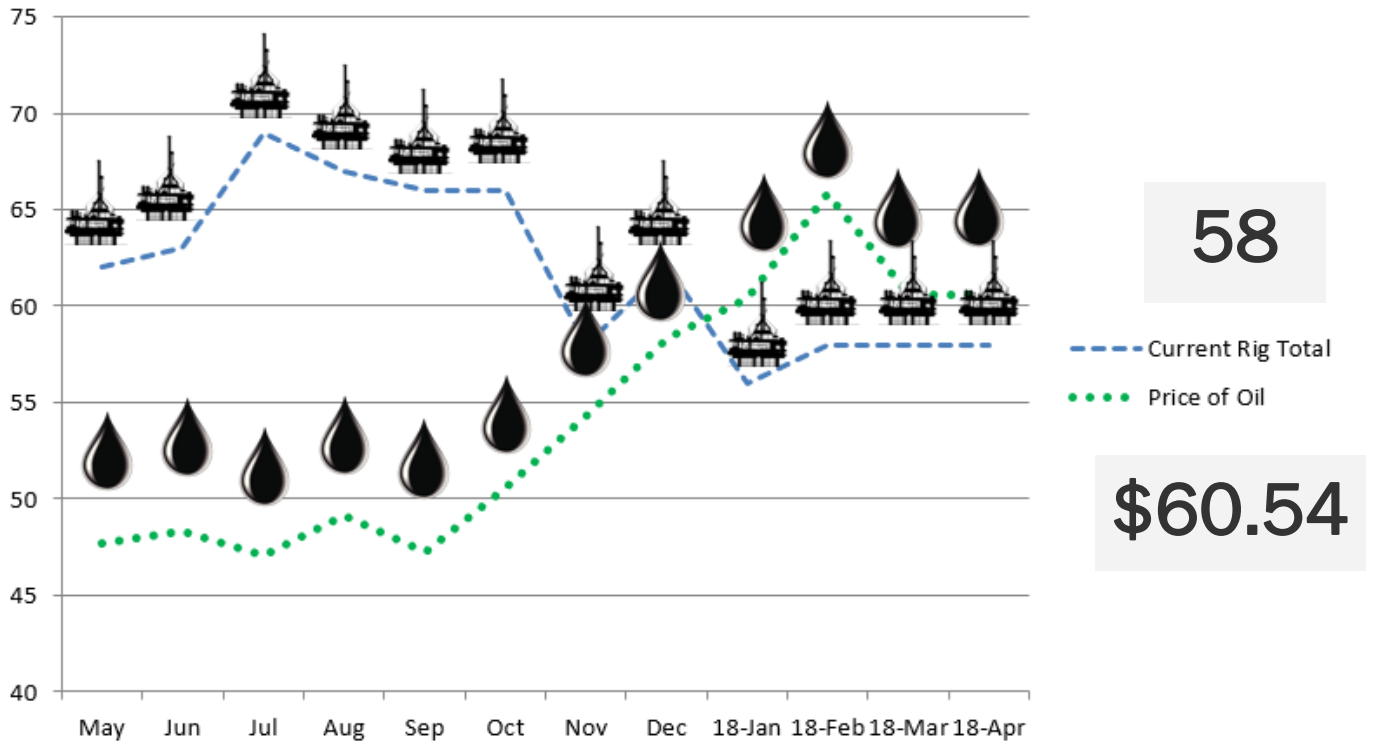


*Mrs. Carol's family cabin in Polebridge, Montana, twenty miles from the Canadian border. Where she roughed it, and bossed the bears around.*

*8 unit apartment complex  
built by Mrs. Carol and her  
husband at the time.*



## RIG COUNT & THE PRICE OF OIL



## WORD OF THE MONTH

# INFOMANIA

An obsessive need to constantly check emails, social media, online news, etc.; The fear of being uninformed fuels infomania



# Women's Foundation sponsoring empowerment classes for girls

The Woman's Foundation is hosting the first Tweens/Teens with Life empowerment program this week for girls ages 12 through 14.

The two-day course is based on the popular book *The Six Most Important Decisions You'll Ever Make* by Sean Covey. Instructors are engaging participants with skits, virtual boards, and open discussions on significant topics like parents, school, friends, dating, addiction, and self-worth.

The interactive class is being held at the Women's Foundation's classroom.

The aim is to help teen girls understand the process of growing up in a hands-on and interactive experience, even those not yet faced with hard decisions that life will hand them.

- See the full article on KATC.com posted Apr 04, 2018

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## *Keto Frittata w/ Fresh Spinach*



### Ingredients

5 oz. diced bacon or chorizo  
2 tablespoons butter, for frying  
8 oz. fresh spinach  
8 eggs  
1 cup heavy whipping cream  
5 oz. shredded cheese  
salt and pepper

**Net Carbs:** 2% (4 g)  
**Fat:** 81% (59 g)  
**Protein:** 16% (27 g)  
**Kcal:** 661

### Instructions

Instructions are for 4 servings. Please modify as needed.  
Preheat the oven to 350°F (175°C).  
Fry the bacon in butter on medium high heat until crispy. Add the spinach and stir until wilted. Remove the pan from the heat and set aside.  
Whisk the eggs and cream together and pour into a greased baking dish (9x9 inches) or in individual ramekins.  
Add the bacon, spinach and cheese on top and place in the middle of the oven. Bake for 25–30 minutes or until set in the middle and golden brown on top.

Source: <https://www.dietdoctor.com/recipes/keto-frittata-fresh-spinach>

# April

# 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3	4 Region III	5 Region III	6 Region III	7 Region III
8 Region III	9	10	11 BOD Meeting	12	13	14
15	16	17 Tax Day	18 D&D Meeting	19 Margaret Badeaux 	20	21
22 Charlotte Bordelon 	23	24 Lori Landry 	25	26 Vickie Chauvin  Samantha Rushlow	27	28
29	30	1	2	3	4	5

## May Birthdays:

5/02 – Tifani Leal

5/13 – Melanie Fead

5/14 – Jennifer Accardo

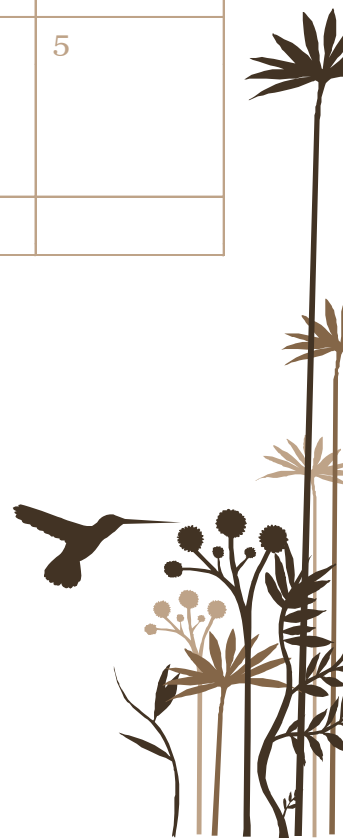
5/16 – Kylie Sellers

5/27 – Tiffany Fawvor

5/30 – Delvie Hemphill

## Guest Speaker this Month:

Joy Cobert





## Joy Cobert

Joy Cobert is a certified speaker, coach, and trainer with The John Maxwell Team and she is also a Realtor and partner of NextHome Cutting Edge Realty opening in Lafayette in May 2018. Her passion is empowering others to achieve success through speaking, training, and individualized coaching. Her studies of human behavior and leadership through The John Maxwell Team have inspired her to take her passion globally.



Her most important role is being a wife and mother to three great kids. She is originally from the New Orleans area and has called Acadiana home for over 11 years. Whether speaking to youth, business professionals, or her clients in real estate her passion is inspiring others to break through ceilings and live life on purpose and to progress from where they are now to where they want to be.

***A Goal without a plan is just a wish—Explore Intentional Growth***

***Have you made your list of areas you want growth? Now make your PLAN!!***

## COMMITTEE HIGHLIGHT



**Committee:** Desrick

**Chairperson:** Tiffany Fawvor

**Responsibilities:** To write and distribute the monthly newsletter. Encourage members to submit news and committee activities for publication.

***Way to go Tiffany, kudos to you for taking on a committee chair as a new member!***

COME WITH US TO THE  
**FIRST EVER**  
*SOUTH EAST REGION MEETING*

**April 24th—April 27 in Victoria TX**

Host Hotel: *Hilton Garden Inn*

Hotel rate less than \$120 a night!



**Additional Local Attractions:**

Riverside Park

Kyaking/Nature Trails

Historic Homes Tours

Antique Shopping

*Potential Field Trips*

Shiner, TX

Kasper Wire Works

Shiner Brewery

Victoria, TX

Caterpillar

Port Lavaca Bluffs

Vineyards





We will now be accepting Mardi Gras beads to donate to LARC here in Lafayette. I have included some information below on what LARC does. This will be an ongoing donation, so bring your beads to any of our monthly meetings and the Special Activities Committee will handle everything from there!

*It's a great time to clean out your closets, attics and garages and donate for a cause!*

Taken from LARC's Website:

"Mardi Gras Beads-n-More is one of LARC's Enterprises, which creates jobs and opportunities for individuals with developmental disabilities. It is located in the old "Mississippi Valley Museum" in LARC's Acadian Village. Hours are Monday-Friday from 9am-2pm. It is here you will find LARC individuals sorting through beads. They are first measured by size then bundled into a dozen of the same size/length. They are then bagged according to specific size.

Area Mardi Gras Krewes, businesses, and individuals are encouraged to purchase their beads for Mardi Gras and other occasions at Mardi Gras Beads -N- More. All proceeds benefit LARC's Vocational Services Department. "





This month's donation item:

## PLASTIC UTENSILS

*As always, any item you have to donate is welcome.  
Please bring your donations to this month's meeting.*

### ONLINE DONATIONS

Faith House's new online Wish List makes donation delivery easy, because purchased items are automatically sent straight to Faith House!

If you are interested in donating online, please emails me at [Amy.Segrest@tbsmith.com](mailto:Amy.Segrest@tbsmith.com) and I can forward you the link.

